



Swim Saskatchewan
2008/2009 Swim Meet Scheduling
Draft #7 - Revised August 28, 2008


August 28, 2008



Date	Meet	Host Club	
Sept	6	6 - 16 Paralympic Games	China
	13		
	20		
	27	25 - 28 National Coaches Conference	Montreal
Oct	4		
	Sat 11 & Sun 12		
	18		
	Thurs 23-Sun 26	Saskatoon Goldfins "AA" Invitational	Saskatoon - GOLD
Nov	1	Entire Month of Nov-5 km short course championship (clubs do this in home pool)	Sask Clubs
	Sun Nov 9	Provincial Qualifier	Swift Current - SCB
	15		
	Sat 22 & Sun 23	1.5 day Modified Olympian (all day Saturday & Sunday morning)	Regina - RYMM
	29	JP Fiset	Edmonton
	29	AMAC Invitational	Medicine Hat
	28-30	Grand Prix Canada Cup I (formerly known as Bell Grand Prix)	Etobicoke
Dec	29		
	4 to 7	PWI	Winnipeg
	Sat 6 & Dec 7	2 Day "A" Level Invitational (incl. stroke 100's)	Prince Albert - PASS
	6	Team Sask Trip	Portland
	13		
	20		
Jan	27		
	3		
	Sat 10 & Sun 11	2 Day Olympian Invitational	Regina - ROD
	16 to 18	Edmonton Keyano Blue Bears Invitational	Edmonton
	Fri 23 - Sun 25	"A" Provincials/10 & Under Cup (2.5 day meet)	Saskatoon - GOLD
Sat 31 & Sun Feb 1	"AA" Invitational - 2 Day	Prince Albert - PASS	
Feb	7		
	12 to 15	Western Canadian Champs (SNC Designated meet)	Edmonton
	19 to 21	CIS Championships (University teams/swimmers only)	Vancouver
	28		
Mar	Sat 7 & Sun 8	2 Day Olympian	Regina - RYMM
	11 to 14	Spring Nationals Short Course (SNC Designated Meet)	Univ of Toronto
	15	East vs West Dual Meet Long Course	Univ of Toronto
	Thurs 19 to Sun 22	ManSask	Regina - ROD
	19 to 21	SWAD Can-Am	Mt. Hood Oregon USA
	28		
Apr	Sat 4 & Sun 5	Septathlon	Saskatoon - LASERS
	11	Easter Weekend	
	18 & 19	Brandon Bluefins Invitational	Brandon Manitoba
	25		
May	April 30 to May 3	EKI	Edmonton
	2	Entire Month of May-5 km Long Course championship (clubs do this in home pool)	Sask Clubs
	Fri 8 to Sun 10	3 day "A" and "AA" Invitational & 2009 Canada Games Trials	Regina - ROD
	16		
	22 to 24	Mel Zajac - Grand Prix Canada Cup II	Vancouver
	Sun May 31	Provincial Qualifier	North Battleford - BKSC
June	6		
	13		
	18 to 21	Quebec Cup - Grand Prix Canada Cup III	Montreal
	Sat 20 & Sun 21	MJKFF Invitational	Moose Jaw - MJKFF
July	27		
	Thurs 2 to Sun 5	Man/Sask "AA" Championships	Winnipeg
	8 to 11	Summer Nationals/World Champ Trials (SNC Designated Meet)	Montreal
	16 to 19	Age Group Nationals (SNC Designated Meet)	Montreal
	24 to 26	SWAD Can-Am	Canada location TBD
26 to Aug 2	World Aquatic Championships	Rome Italy	
Aug	1		
	6 to 8	North American Challenge Cup (swimmers selected by SNC)	Mexico
	15	Opening Ceremonies - Canada Games	Prince Edward Island
	22 to 29	Swimming - Canada Games	Charlottetown, PEI
29	Closing Ceremonies - Canada Games		

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Meet Formats			
"A" and "AA" Level Competitions			
"A" level formerly known as "B" level			
"AA" level formerly known as "A" level			
Time Standards and age categories are currently under review and will be adjusted accordingly			
Provincial Qualifier			
Province Wide Meet - Host club makes the determination on whether to host a 1 or 1 1/2 day meet			
- Host club Must include both the 200 IM and 400 IM			
- Host club Must include a minimum of 2 distance freestyle events; choice of: 200, 400, 800 & 1500			
- A club may offer 3 or all 4 Freestyle events should they have the pool space available.			
- Host club to determine which Freestyle events to offer, based on what was offered at the previous meets. Clubs are not to keep hosting the same distances all the time. All 4 distances need to be offered at some point throughout the year.			
- The distance events can be Female 800 and Male 1500 OR open to either gender			
- Relays events are at the discretion of the host club			
- Awards based on combined times as follows:			
12 & Under Female and 13 & Under Male Total time of 200 IM and 400 Free			
13 & Under Female Female: Total time of 400 IM and 800 Free			
14 & Under Male: Total time of 400 IM and 1500 Free			
- Some discretion can be given to meet management on age groupings for awards and distances but MUST be awarded on combined times/swims			
- 8 person relay made up of 4 male/4 female swimmers preferably one from each age group			
- Relays can be stroke or IM ie: 3 or 4 x 50 Fly, 8 x 100 IM, etc.			
<u>Order of Events for a 1 Day Provincial Qualifier</u>			
400 IM, 800 Free, 3 or 4 person relays, break, 200 IM, 400 Free, 6 or 8 person relays, 1500 Free			
<u>Order of Events for a 1 1/2 Day Provincial Qualifier</u>			
First Day (ie: Friday PM)			
1500 Free - Fast heats			
Second Day (2 sessions on Saturday)			
400 IM, 800 Free, 3 or 4 person relays, break, 200 IM, 400 Free, 6 or 8 person relays,			
1500 Free - Slow heats			
2 Day Olympian Invitational - meet more directed to 16 & Under's			
- NO 100 meter events in any stroke			
- Events to be offered are: 50, 200, 400 Free for both genders, 800 Free women, 1500 Free Men			
50 and 200 for Back, Breast and Fly			
200 and 400 IM			
- Reverse Distance Swims as an option by the host club			
- Events to be senior seeded and MAY be gender mixed at the discretion of the host club based on timelines and number of lanes in pool			
- Include at least one relay per session in following order of preference:			
4 x 100 Free Relay			
4 x 100 Medley Relay (Opt: 12 & Unders 4 x 50 Medley Relay)			
4 x 200 Free Relay			
4 x 50 Free Relay			
4 x 50 Medley Relay			